



圖正中戴墨鏡之藍衣者為葉SIR

葉錦有 (葉SIR)

救恩書院老師，20年來帶領無數老師及同工、家長、校友及學生，在毅行路上共同進退，從未間斷：「毅行不求時間快慢，強調團隊百里同心同行，為弱勢社群出一分力，傳承團結及關愛精神。」

WILLIAM YIP KAM YAU

Without fail for the last 20 years, this teacher from Kau Yan College has conquered the 100 km trail with countless students and parents.

EDWARD SO WING KUEN

Kuen, a cobbler, not only has a pair of skillful hands but also legs of steel. His personal best is 14 hrs and 17 mins, and his team was the first to cross the finish line in Mumbai's OTW 2018.

ALELI PENA

EDEN MARCIANO

LAM KA MAN

This hotel chef of 20 years finds solace during his afternoon breaks by trail running. His personal best at the OTW is 15 hrs.

TEAM - 'MAID OF HEART AND SOLE'

This team of Filipino and Indonesian domestic helpers use their Sundays off to train and have had tremendous support from their employers. Last year, they finished as a team in about 25 hrs.

MILKHATUS SHOLIKAH

ROSIE RUSINAH

蘇永權 (權哥)

EDWARD SO WING KUEN

以一雙巧手繼承父業在「根記補鞋」耕耘近30年的匠人，一雙健腿則跑遍世界各大山嶺，毅行最快時間為14小時17分，亦為印度孟買毅行者2018冠軍：「接納別人弱點，隊友互補不足，不論結果如何，無怨無悔過終點。」

Kuen, who inherited his father's shoe repair business 30 years ago, not only has a pair of skillful hands but also legs of steel. His personal best is 14 hrs and 17 mins, and was the first to cross the finish line in Mumbai's OTW 2018: 'The OTW is about complementing each other and crossing the finish line without any regrets.'



林家敏 (阿LO) LAM KA MAN

任職酒店廚師逾20年，選擇以跑山作為他早晚中場休息的心靈出口。毅行最快時間為15小時，9年來從山上感悟冷靜應對和團隊精神！「毅行讓我挑戰自己極限，拼盡全力向目標進發！」

This seasoned hotel chef finds solace during his afternoon breaks by trail running. Over the past 9 years, his personal best at the OTW is 15 hrs:

I've been able to push my limits through the OTW, and learnt to press on toward the goal with my team!



葉錦有 (葉SIR)

WILLIAM YIP KAM YAU

救恩書院老師，20年來帶領無數學生及家長在毅行路上共同進退，從未間斷：「毅行不求成績高低，強調團隊四人同心，與學生同行百里，師生關係更加鞏固。」

Without fail for the last 20 years, this teacher from Kau Yan College has conquered the 100 km trail with countless students and parents: 'The OTW isn't about speed, but teamwork and strengthening the teacher-student relationship.'



特此鳴謝以上各位「樂施毅行者2019」海報主角

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華文書

葉錦有 (葉SIR)

曾任醫院老師，20年來帶領無數學生及家長在毅行路上共同成長，從未間斷。

蘇永權 (耀哥)

以一雙巧手繼承父業在「板記補鞋」耕耘近30年的匠人，毅行最快時間為14小時17分，亦為印度孟買毅行者2018冠軍。

ALELI PENIA

EDEN MARCIANO

TEAM - MAID OF HEART AND SOLE

首隊由兩位菲裔及兩位印裔組成的毅行隊伍，她們選擇將珍貴的周日假期全用上山路訓練，亦獲僱主大力支持，去年全隊以近25小時完成。

鍾家敏 (阿LO)

任職酒店廚師逾20年，選擇以跑山作為他平晚中喘息的口實出口，毅行最快時間為15小時。

MILKHATUS SHOLIKAH

ROSIE RUSINAH

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37mm

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